Tick Research to Prevent Disease and The Cost Burden of Lyme Disease

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NYS Coalition on Lyme and Tick-borne Disease, Member

[&]quot;What's the problem? Well it's the ticks of course!"

44 YEAR SUMMARY

Over forty years of known Lyme disease:

Plight of patients not changed

No reliable test to determine who is actively infected

Tick - numbers dramatically increase

Tick - geographic spread

*Multitude of virulent pathogens, discovered.

Percentages of all pathogens increase in ticks.

^{*}Babesia, Anaplasma, Ehrlichia, Powassan / Deer Tick Virus, Borrelia miyamotoi, Tularemia, Tick paralysis, Bartonella, Bourbon virus, Heartland virus and others.

WHAT DO WE NEED?

- **1.** Accurate testing for active disease.
 - Antigen vs Antibody
- **2. Treatment cures** for Suffering Lyme and Co-infection.
- 3. Tick Research reduce tick populations and block tick ability to transmit pathogens. Environmental tick problem must be addressed.
- 4. Funding commensurate with Tick-Borne Diseases
- 5. Balanced education two standards of care: ILADS and IDSA
- **6.** Legislation Federal and State

Controversy – Two Standards of Care

IDSA Infectious Disease Society of America -

- Lyme disease is easily diagnosed treated and cured with 2-4 weeks of antibiotics.
- Treatment for a tick bite is one double dose of doxycycline.

ILADS International Lyme and Associated Diseases Society

- Lyme disease and TBDs can be complicated, diagnosis and treatment are individualized.
- Treatment for a tick bite is 20 days of doxycycline (barring any contraindications).

Bad news vs Good news

- 1. Quandary for patients and physicians. Harassment of physicians. Costly and difficult for patients to find treatment.
- 2. HHS TBD Working Group established in 2017. First report to congress in 2018.
- 3. Research is providing answers such as: Ineffective standard 2 Tiered testing will be replaced. Persistence of Bb. Potential treatments with the full spectrum of FDA antibiotics and much more.

Current laboratory tests for Lyme disease are poor disease indicators; there are NO diagnostic tests available for the majority of other diseases caused by tick-borne

microbes.

Deadly Heartland Virus Is Much More Common Than Scientists Thought



It's called the Heartland virus disease. Since it was first detected in 2009, there have been only nine reported cases in the Midwest, including two deaths.

So scientists thought the Heartland virus was limited to a small region.

That assumption was wrong.

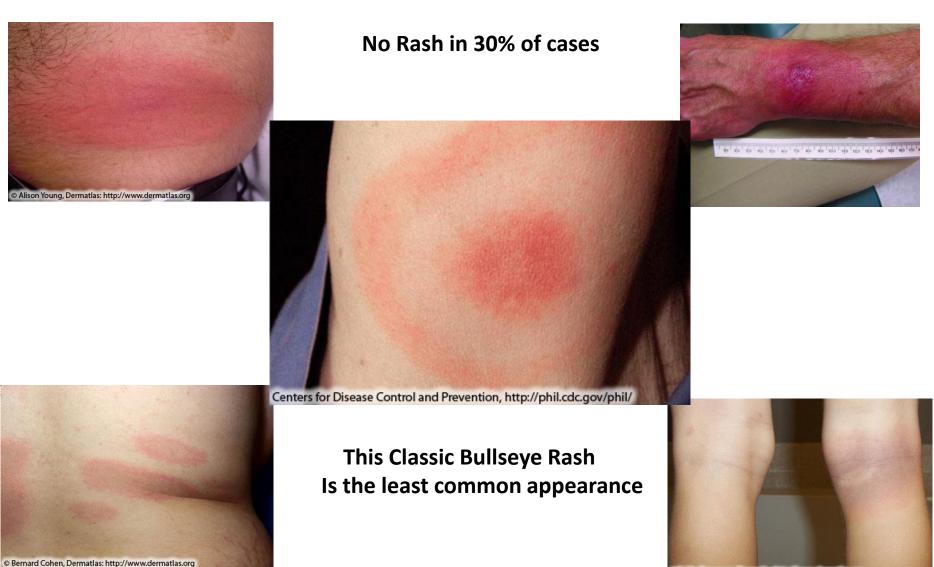
A team at the Centers for Disease Control and Prevention has now found signs that Heartland virus is circulating in deer, raccoons, coyotes and moose in 13 states — from Texas to North Carolina and Florida to Maine.

"It was not only in these states, but it was fairly common," says biologist Nick Komar, who led the study. "It's very possible there have been many other cases that have been overlooked."



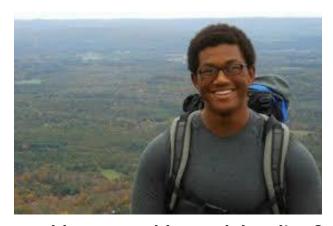
of this story is there are new pathogens out there. Our society is changing so quickly — and even the climate — that it allows for new things to develop. And we have to be on the lookout for those new things so we can petect the public health.

Lyme "EM" Rashes



© Robin Stevenson, Dermatlas: http://www.dermatlas.org

EARLY TREATMENT CRITICAL



Would 17 year old Joseph be alive?

Prime tick season, prime endemic area, a 2 week outdoor program at Brown University, an otherwise healthy 17 year old boy became ill. Joseph's pediatrician never diagnosed or treated him. About 3 weeks later, he died of disseminated Lyme disease.

He's in a grave and his parents grieve.

An Accurate Lyme Disease Test Would Have Prevented His Death

Over 44 Years and still no accurate test

It's NOT just Lyme disease: One tick bite may cause multiple infections.

Some are currently untreatable ... and fatal.

Source: cdc.gov

Tickborne Diseases of the United States







In the United States, some ticks carry pathogens that can cause human disease, including:

- Anaplasmosis is transmitted to humans by tick bites primarily from the blacklegged tick (Ixodes scapularis) in the northeastern and upper midwestern U.S. and the western blacklegged tick (Ixodes pacificus) along the Pacific coast.
- Babesiosis is caused by microscopic parasites that infect red blood cells. Most human cases of babesiosis in the U.S. are caused by Babesia microti. Babesia microti is transmitted by the blacklegged tick (Ixodes scapularis) and is found primarily in the northeast and upper midwest.
- Borrelia miyamotoi infection has recently been described as a cause of illness in the U.S. It is transmitted by the blacklegged tick (Ixodes scapularis) and has a range similar to that of Lyme disease.
- Colorado tick fever is caused by a virus transmitted by the Rocky Mountain wood tick (Dermacentor andersoni). It occurs in the the Rocky Mountain states at elevations of 4.000 to 10.500 feet.
- Ehrlichiosis is transmitted to humans by the lone star tick (Ambylomma americanum), found primarily in the southcentral and eastern U.S.
- Heartland virus infection has been identified in eight patients in Missouri and Tennessee as of March 2014. Studies suggest that Lone Star ticks may transmit the virus. It is unknown if the virus may be found in other areas of the U.S.
- Lyme disease is transmitted by the blacklegged tick (Ixodes scapularis) in the northeastern U.S. and upper midwestern U.S. and the western blacklegged tick (Ixodes pacificus) along the Pacific coast.
- Powassan disease is transmitted by the blacklegged tick (Ixodes scapularis) and the groundhog tick (Ixodes cookei). Cases have been reported primarily from northeastern states and the Great Lakes region.
- Rickettsia parkeri rickettsiosis is transmitted to humans by the Gulf Coast tick (Amblyomma maculatum).
- Rocky Mountain spotted fever (RMSF) is transmitted by the American dog tick (Dermacentor variabilis), Rocky Mountain wood tick (Dermacentor andersoni), and the brown dog tick (Rhipicephalus sangunineus) in the U.S. The brown dog tick and other tick species are associated with RMSF in Central and South America.
- STARI (Southern tick-associated rash illness) is transmitted via bites from the lone star tick (Ambylomma americanum), found in the southeastern and eastern U.S.
- Tickborne relapsing fever (TBRF) is transmitted to humans through the bite of infected soft ticks. TBRF has been reported in 15 states: Arizona, California, Colorado, Idaho, Kansas, Montana, Nevada, New Mexico, Ohio, Oklahoma, Oregon, Texas, Utah, Washington, and Wyoming and is associated with sleeping in rustic cabins and vacation homes.
- Tularemia is transmitted to humans by the dog tick (Dermacentor variabilis), the wood tick (Dermacentor anderson), and the lone star tick (Amblyomma americanum). Tularemia occurs throughout the U.S.
- 364D rickettsiosis (Rickettsia phillipi, proposed) is transmitted to humans by the Pacific Coast tick (Dermacentor occidentalis ticks). This is a new disease that has been found in California.

TICK REMOVAL



HOW TO REMOVE A TICK

- 1. Use pointy tweezers to grab it firmly right where the mouthparts enter the skin and pull firmly and steadily upward.
- 2. Place the tick in a small jar of rubbing alcohol.
- 3. Disinfect your skin with rubbing alcohol or peroxide.
- 4. Consider tick testing.

Video: https://tickencounter.org/prevention/how-to-remove-a-tick-video

HOW NOT TO REMOVE A TICK

- 1. Do not use a match, cigarette, Vaseline or any other method.
- 2. Tick Encounter tested more than a dozen reportedly foolproof methods for tick removal— pointy tweezers that allow you to grab even poppy-seed sized nymphs close to the skin have proven to be the most consistently reliable means for removing all species and stages of ticks safely.

Preventing Tick Bites on People

Tick exposure can occur year-round, but ticks are most active during warmer months (April-September).

Before You Go Outdoors

- **Know where to expect ticks.** Ticks live in grassy, brushy, or wooded areas, or even on animals. Spending time outside walking your dog, camping, gardening, or hunting could bring you in close contact with ticks. Many people get ticks in their own yard or neighborhood.
- **Treat clothing and gear** with products containing 0.5% permethrin. Permethrin can be used to treat boots, clothing and camping gear and remain protective through several washings. Alternatively, you can buy permethrin-treated clothing and gear.
 - Read instructions lasts through many washings
 - o **Apply to clothing:** shoes, socks, pants, shirts, hats in well ventilated areas
 - Hang to dry
- Use <u>Environmental Protection Agency (EPA)-registered insect repellentsExternal</u> on your exposed skin containing DEET, picaridin, IR3535, Oil of Lemon Eucalyptus (OLE), para-menthane-diol (PMD), or 2-undecanone. EPA's helpful <u>search toolExternal</u> can help you find the product that best suits your needs. Always follow product instructions.
 - o Do not use insect repellent on babies younger than 2 months old.
 - Do not use products containing OLE or PMD on children under 3 years old.

Avoid Contact with Ticks

- Avoid wooded and brushy areas with high grass and leaf litter.
- Walk in the center of trails.

After You Come Indoors

Check your clothing for ticks. Ticks may be carried into the house on clothing. Any ticks that are found should be removed. **Tumble dry clothes** in a dryer on high heat for 10 minutes to kill ticks on dry clothing after you come indoors. If the clothes are damp, additional time may be needed. If washing clothes first use hot water and dry completely with high heat

Examine gear and pets. Ticks can ride into the home on clothing and pets, then attach to a person later, so carefully examine pets, coats, and daypacks.

Shower soon after being outdoors. Showering within two hours of coming indoors has been shown to reduce your risk of getting Lyme disease and may be effective in reducing the risk of other tickborne diseases. Showering may help wash off unattached ticks and it is a good opportunity to do a tick check.

Check your body for ticks after being outdoors. Conduct a full body check upon return from potentially tick-infested areas, including your own backyard. Use a hand-held or full-length mirror to view all parts of your body. Check these parts of your body and your child's body for ticks:

Under the arms
In and around the ears
Inside belly button
Back of the knees
In and around the hair
Between the legs
Around the waist

Preventing Ticks on Your Pets

Dogs are very susceptible to tick bites and tickborne diseases. Vaccines are not available for most of the tickborne diseases that dogs can get, and they don't keep the dogs from bringing ticks into your home. For these reasons, it's important to use a tick preventive product on your dog.

Tick bites on dogs may be hard to detect. Signs of tickborne disease may not appear for 7-21 days or longer after a tick bite, so watch your dog closely for changes in behavior or appetite if you suspect that your pet has been bitten by a tick.

Talk to your veterinarian about:

- The best tick prevention products for your dog
- Tickborne diseases in your area

To further reduce the chances that a tick bite will make your dog sick:

- Check your pets for ticks daily, especially after they spend time outdoors.
- If you find a tick on your pet, <u>remove it</u> right away.
- Reduce tick habitat in your yard.

Note: Cats are extremely sensitive to a variety of chemicals. Do not apply any tick prevention products to your cats without first asking your veterinarian!

Note—September 21, 2018: <u>FDA Fact Sheet for Pet Owners and VeterinariansExternal</u> about Potential Adverse Events Associated with Isoxazoline Flea and Tick Products. For additional information, please talk to your veterinarian.

Preventing Ticks in the Yard

Create a Tick-Safe Zone Through Landscaping

You can make your yard less attractive to ticks depending on how you landscape. Here are some simple landscaping techniques that can help reduce tick populations:

- Clear tall grasses and brush around homes and at the edge of lawns.
- Place a 3-ft wide barrier of wood chips or gravel between lawns and wooded areas and around patios and play equipment. This will restrict tick migration into recreational areas.
- Mow the lawn frequently and keep leaves raked.
- Stack wood neatly and in a dry area (discourages rodents that ticks feed on).
- Keep playground equipment, decks, and patios away from yard edges and trees and place them in a sunny location, if possible.
- Remove any old furniture, mattresses, or trash from the yard that may give ticks a place to hide.
- Refer to the Connecticut Agricultural Experiment Station's <u>Tick Management Handbook Cdc-pdf[PDF 84 pages]External</u> for a comprehensive guide to preventing ticks and their bites through landscaping.

Apply Pesticides Outdoors to Control Ticks

Use of acaricides (tick pesticides) can reduce the number of ticks in treated areas of your yard. However, you should not rely on spraying to reduce your risk of infection.

If you have concerns about applying acaricides:

- Check with local health officials about the best time to apply acaricide in your area.
- Identify rules and regulations related to pesticide application on residential properties (Environmental Protection Agency and your state determine the availability of pesticides).
- Consider using a professional pesticide company to apply pesticides at your home.

Page last reviewed: February 22, 2019

• Content source: Centers for Disease Control and Prevention, National Center for Emerging and Zoonotic Infectious

Diseases (NCEZID), Division of Vector-Borne Diseases (DVBD)

PREVENTION RESEARCH

Tick research:

This has been the most underfunded field of science, yet it holds the most potential to bring about fruitful solutions.

Spreading like wildfire:

Lyme and the Black Legged tick used to be a local CT problem, however in 40+ years is now in 50% of counties in the US. This does not include the other TBDs and ticks.

Until tick research is funded this scourge of diseases and ticks will continue to spread like wildfire, infecting us our children, our pets, the reservoirs of disease, and wildlife.

TICK RESEARCH and NOVEL APPROACHES

Vaccine for Reservoirs (Mice, Chipmunks, etc.) – Bait, transgenic mice Vaccines: Anti Tick Vaccine to block pathogen transmission to reservoir animals and humans Nootkatone -Acaricide + pheromone => minuscule safe targeted acaricide **Fungus** Natural predators of ticks (wolf spiders, Hunterellus hookeri wasp,?) Wolbachia Transgenic ticks: Sex selection, Sterile eggs, Block pathogen transmission, ? **RNAi** Tick Microbiome **????**

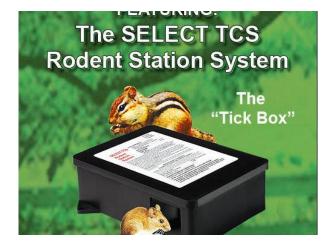
TICK REDUCTION



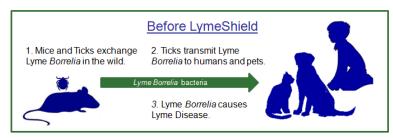
Untreated vs Treated reduce billions of ticks from hatching



Low, controlled spray kills ticks



kills ticks on mice











Natural fungus kills ticks



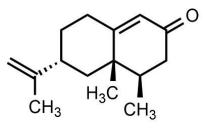
A disease prevention platform that can address multiple diseases



TICK REDUCTION

PAYYORO
ROBOT JELLYFISH PATROLLING THE OCEMS

Tick Bot



(+)-nootkatone

Grapefruit, Alaska Yellow Cedar

Cotton Balls to Nest Kills Ticks



Cull Deer Herds

BLOCK TRANSMISSION OF TICK BORNE DISEASES

The Most Promising Field of Science to Produce Solutions Ignored Receives a Pittance in Funding – Time to Prioritize

Lack of Funding for **Anti-tick vaccine**

Ticks would not remain attached.

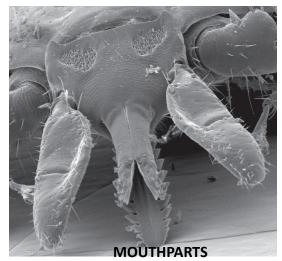
Prevent ticks ability to transmit all or almost all disease organisms to humans.

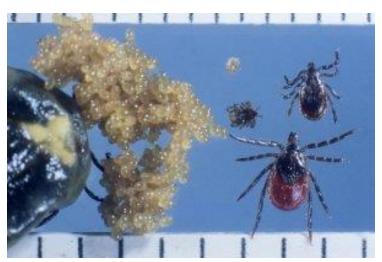
Bio-warfare threat

Armed services also interested to protect troops

NIH discontinued funding, OUCH!

No common sense; penny wise, pound foolish!





FEMALE LAYS EGGS, LARVAE, NYMPH ADULTS: FEMALE & MALE

Understanding the environmental tick problem.



bxodes scapularis mating. Thanks to Jim Occi



ADULT FEMALE PREFERRED HOST MATES ON DEER



DROPS OFF INTO BRUSH/LEAVES

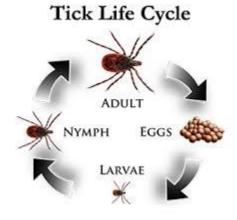




CYCLE OF DISEASE BEGINS IN NATURE



LAYS 2,000-3,000 EGGS





LARVAL TICKS PICK UP INFECTION

Some Concerning Ticks in NYS What they look like

Ticks are very small

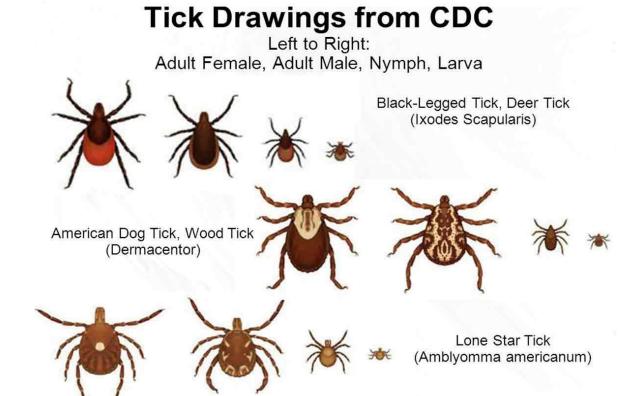
CDC @ @CDCgov · May 4

Ticks can be the size of a poppy seed. Can you spot all 5 ticks in this ph Learn how to prevent tick bites. bit.ly/2rjox6U



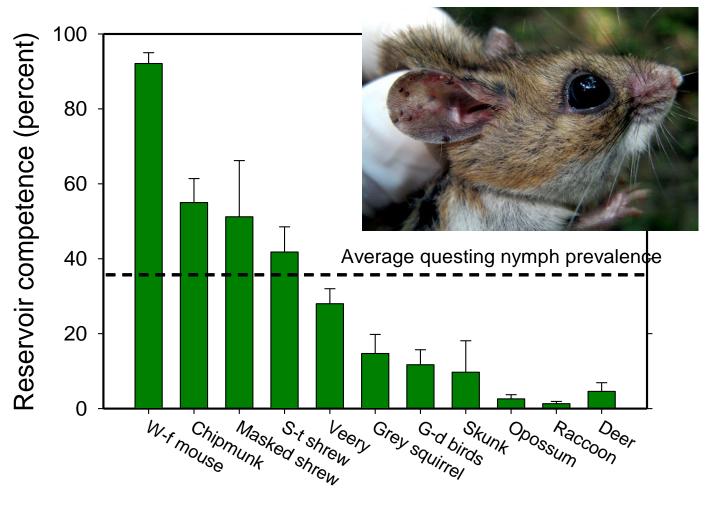


Invasive Asian Longhorned Nymph and Adult Tick Top View and Underside View – CDC New Invasive tick in NYS and 8 other states



MOUSE MOST RESPONSIBLE

FOR SPREAD OF LYME, INFECTS THE TICKS and is a prime reservoir for other Tick-borne diseases



Host species

ENVIRONMENTAL PROBLEM No Resolution Until Scourge of Ticks are Addressed Protect Us, Pets, and Critters - From Ticks and Diseases











An Environmental Problem

Requires environmental solutions that are not harmful to us and the earth we live on.

The root causes, the TICKS and their reservoirs, must be addressed. Vaccinating the reservoirs is a real step in the right direction to stop the cycle of disease.

Humans are just a dead end in the cycle of progression of TBD. Human vaccination is temporary and does nothing toward a solution.

Without addressing the cause, the escalating diseases caused by tick pathogens will continue increasing, spreading and infecting us and other animals!"

Tick Research to Eliminate Disease: Scientist Coalition (TRED)

The cause of Lyme and Tick-Borne Diseases is the TICKS and their reservoir animals in the environment.

In the past 43 years, Lyme disease alone has spread from the area surrounding Lyme, CT to at least 49% of all US counties!

Without addressing the TICK cause, the escalating voracious diseases caused by tick pathogens will continue increasing, spreading and infecting us and other animals!

Tick research which is the one field of science that holds the most promise in reducing TBDs has received the LEAST funding and recognition.

Tick Research is required to reduce tick populations and/or block tick ability to transmit disease pathogens to us!

So What Can Be Done

"Right now, prevention is the only thing in our bag to protect ourselves.

Property and Personal Protection

Research to STOP TICKS and STOP DISEASE

- Reduce Tick Populations
- Block Ability of Ticks to Transmit Disease

Federal and State Legislation for all issues

Prevention Websites 2019

Protect and Prevent Lyme and Tick-Borne Diseases

USDA National Pest Alert: Ticks and Tick-Borne Diseases

https://www.ncipmc.org/action/alerts/ticks.pdf

Tick Encounter by Thomas N. Mather, PhD, University of RI: www.tickencounter.org/prevention

How To Videos: http://www.tickencounter.org/resources/how_to_videos

How to Remove a Tick Video: https://www.youtube.com/watch?v=1Vj-qhxCJbA

Tick Spotters program: http://www.tickencounter.org/tickspotters

Tick Management Handbook" by Kirby C Stafford III, PhD CT Agricultural Station:

https://portal.ct.gov/-/media/CAES/DOCUMENTS/Publications/ulletins/b1010.pdf.pdf?la=en

Tick Management Options Public IPM Working Group:

https://tickipmwg.files.wordpress.com/2018/10/tick-management-options-092018.pdf

CDC Stop Ticks: https://www.cdc.gov/features/stopticks/index.html

NYS DOH Lyme Disease and Other Diseases Carried by Ticks:

https://www.health.ny.gov/diseases/communicable/lyme/

Cornell IPM: https://nysipm.cornell.edu/whats-bugging-you/ticks/

Prevention Websites 2019

EPA site of repellents: (be certain to increase it to 100 views per page then there are about 7 pages – notice list is for ticks and mosquitoes. (DEET, picaridin, IR3535, Oil of Lemon Eucalyptus, or 2-undecanone) www.epa.gov/insect-repellents/find-insect-repellent-right-you

Some Websites for Permethrin Impregnated Clothing: (there are many others as well including at some sporting goods stores) This is wise for children attending camp. After the first year, it might be wise to retreat the clothing with a permethrin spray www.insectshield.com - check where to buy. www.lymeez.com - gaiters

Tick Testing:

TICKNOLOGY (report in 3 days): https://www.ticknology.org/order.test

Local Presentation and Information:

https://www.dutchessny.gov/Departments/County-Legislature/Tick-Task-Force.htm www.nysenate.gov/newsroom/video/sue-serino/senator-serino-hosts-community-lyme-disease-forum/short: http://hudsonvalleynewsnetwork.com/2015/07/01/senator-sue-serino-host-lyme-disease-forum/

Prevention, brief and simple: calendar: area support groups: www.stopticks.org

National Pesticide Information Center:

http://npic.orst.edu/ or call 1-800-858-7378 hours 7:30am-3:30pm PST

The Cost Burden of Lyme Disease NYS and the US

2017 Cost of Lyme Disease in US

Annual Cases of US Lyme Disease The CDC raised case estimates based on national survey data by a factor of 10X in 2013

Direct Medical Costs, Indirect Medical Costs, Lost Income, Lost Taxes, and Related Lyme Disease Costs Per Case as reported in the CDC's *Emerging Infectious Diseases* and adjusted for 2017 dollars.

Total Annual 2017 US Cost Burden

437,430 X \$11,180

\$4,890,467,400

^{*}Source: Zhang, X., Meltzer, M.I., Pena, C.A., Hopkins, A.B., Wroth, L., and Fix, A.D. (2006) Economic Impact of Lyme Disease, Emerging Infectious Diseases, 12(4), 653 – 660. Adj. for inflation 2006 - 13

1990 -2017 Cost of Lyme Disease in US

1990-2017 Cases of US Lyme Disease The CDC raised case estimates to 10x based on 2013 report

Direct Medical Costs, Indirect Medical Costs, Lost Income, Lost Taxes, and Related Lyme Disease Costs Per Case as reported in the CDC's *Emerging Infectious Diseases* and adjusted for 2017 dollars.

Total 1990 - 2017 US Cost Burden 6,476,910 X \$11,180 \$72,411,853,800

^{*}Source: Zhang, X., Meltzer, M.I., Pena, C.A., Hopkins, A.B., Wroth, L., and Fix, A.D. (2006) Economic Impact of Lyme Disease, Emerging Infectious Diseases, 12(4), 653 – 660. Adj. for inflation 2006 - 13

2017 Cost of Lyme Disease in New York State

NYS 2017 Reported Cases of Lyme Disease Using NYS numbers and Centers Disease Control and Prevention

raised case estimates based on national survey data by a factor of 10X in 2013.

98,030

Direct Medical Costs, Indirect Medical Costs, Lost Income, Lost Taxes, and Related Lyme Disease Costs Per Case as reported in the CDC's Emerging Infectious Diseases and adjusted for 2017 dollars.*

X \$11,180

\$1,095,975,400

Total Annual 2017 NYS Cost Burden

^{*}Source: Zhang, X., Meltzer, M.I., Pena, C.A., Hopkins, A.B., Wroth, L., and Fix, A.D. (2006) Economic Impact of Lyme Disease, Emerging Infectious Diseases, 12(4), 653 – 660. Adj. for inflation 2006 - 13)

NYS VS CDC LYME NUMBERS FOR NYS

- 2016 3882 X 10 = 38,820
- 2017 5155 X 10 = 51,550

- $2016 7543 \times 10 = 75,430$
- $2017 9803 \times 10 = 98,030$
- The GREEN NYS actual cases are on the right. (The burden to the most endemic counties
 is reduced by including 100% of doctor reported cases plus 20% of laboratory reported
 cases. Using a NYS statistically proven mythology, these numbers are uplifted to 100% of
 the actual NYS cases.)
- The CDC only accepts the NYS actual laboratory cases (only 20% in endemic counties) plus doctor reported cases. These are shown in RED.
- The CDC is not permitted to accept the statistical data, only the actual reported numbers.
- The CDC numbers are a little over half of the NYS numbers.

NOTE: The 10X multiplier is based upon a 2013 CDC study published in 2013

Chronic Illness is a Huge Cost Burden to Society

Chronic illness consumes 84% healthcare costs. **

LD survey *

- 79% productivity loss (work, school)
- 25% on disability
- most reported improvement with retreatment.

Two NIH Human Studies

47% Lyme research patients had a duration of illness >10 yrs

^{*}Lorrane Johnson, JD, MBA "LD: Financial Burden of Illness

^{**&}quot;Chronic Care:Making the Case For Ongoing Care 2010 Robert Wood Johnson Foundation www.rwjf.org/pr/product.jsp?id=50968

While case numbers went up, NIH funding for Lyme research did not

Disease	New cases (annual)	NIH funding
Hepatitis C 2012	1,300	\$112 million
West Nile Virus 2012	5,700	\$29 million
HIV/AIDS 2012	56,000	\$3 billion (11% total NIH budget)
Influenza 2012	73,000	\$251 million
Lyme disease 2012	312,000	\$25 million
Lyme disease 2013	363,070	\$20 million

We won't make progress until these dynamics change and without tests to diagnose and monitor Lyme and other tick-borne diseases. I have some trouble understanding how we could rapidly mobilize scientists to develop tests for MERS (Middle East Respiratory Syndrome), SARS (Severe acute respiratory syndrome), and Ebola, but have made little progress on Lyme over decades.

Judy Stone, "Ticked Off – What we Don't Know about Lyme Disease," Forbes Magazine, June 2015 Prepared by H. Ahern MS, MT(ASCP), ahernh@sunyacc.edu; (518) 743-2287

CDC FUNDING

- In the last two reported years (2016-2017), CDC Lyme case numbers increased, from 36,429 (364,290*) to 42,743 (427,430*).
- However, the 2020 CDC submitted budget for Lyme was cut almost by 12% to \$10.6 million.
- While, the 2020 budget request for Vector Borne Disease (VBD) remained the same, \$50.6 million.
- NOTE: Lyme alone has accounted for more than 75% of all VBDs.
- NOTE: All reported cases of Tick-Borne Diseases (TBD), increased in 2017.

^{* 2013} CDC 10x estimated under reporting

A 3 year old has 32 nymphal ticks removed after visiting a local park









Our only tick free park

